

THE LIVING ROOM FACT SHEET

Series 8, Episode 33

RENOVATION RESCUE WITH BARRY DU BOIS

Bathroom

Melinda and Tim's bathroom is stuck in the 1970's. The retro wooden splashback and clunky steps up to the bath are outdated and awkward. Baz creates a new design that's modern, functional and will work for the entire family.



THE LIVING ROOM FACT SHEET

Before:



After:



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Before:



After:



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PRODUCTS AVAILABLE AT BUNNINGS



IMAGE	PRODUCT	PRICE	ITEM #
	Mondella 1200mm White 3 Door Cadenza Mirror Shaving Cabinet	\$231	0036552
	Methven WELS 3 Star 9L/min Turoa VJet Rail Shower	\$459	0067534
	Methven Stainless Steel Turoa Shower Mixer	\$249	0067538
	Methven 4.5L/min Stainless Steel Tubssau Turoa WELS 6 Star Basin Mixer	\$299	0067537
	Methven Turoa Robe Hook	\$39	0067544
	Methven Turoa 900mm Double Towel Rail	\$89	0067548
	Methven Turoa Toilet Roll Holder	\$39	0082526

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IMAGE	PRODUCT	PRICE	ITEM #
	James Hardie Villaboard 2400 x 1200 x 6mm FC Lining 2.88sq	\$31.09	0714174
	James Hardie JardiePanel 2400 x 1200 x 15mm FC Flooring 2.88sqm	\$196	0715463
	Gyprock CSR 10kg Base Coat 45 Plaster Compound	\$33	0730825
	Gyprock CSR 2400 x 1200 x 10mm 2.88sqm Plasterboard	\$15.14	0731415
	Zone Interiors 63mm Basswood Shutterview Venetian Blind – 1200mm x 1500mm Vivid White	\$85	1281644
	Boutique 52cm x 10m Grasscloth Natural Wallpaper	\$124	1662846
	Woodcraft Doors 2040 x 720 x 35mm Frosted Laminate Glass One Lite Internal Door – Special Order Only	\$466	1962452
	Deta 7W Daylight Flush Lens Dimmable LED Downlight – 4 pack	\$79.90	4332164

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IMAGE	PRODUCT	PRICE	ITEM #
	IXL Tastic Silver Neo Single 3 in 1 Bathroom Fan Heater	\$465	4440938
	Caroma WELS 4 Star Sahara II Wall Faced Close Coupled Toilet Suite	\$449	4823149
	Cibo Design 450mm White Contour Solid Surface Basin – Special Order Only	\$551	4844162
	Cibo Design 1200mm White / Grey Classic Vanity – Special Order Only	\$961	4844199
	D'LUCCI 10 x 2000 x 1175mm Glass Frameless Shower Panel	\$248	4890735
	Methven WELS 4 Star 7.5L/min Turoa Wall Basin Mixer	\$449	0067542
	Decor8 Tiles 300 x 300 x 10mm Florentine White Marble Tile Mosaic	\$23.95	6661038



PAINTS AVAILABLE FROM TAUBMANS



LOCATION	PRODUCT	COLOUR	FINISH
Main Bathroom – Walls	Endure 8 in 1	Alpine Snow	Low Sheen
Doors & Trims	Endure 8 in 1	Alpine Snow	Low Sheen
Power Room – Walls	Endure 8 in 1	January Dawn	Low Sheen
Undercoat	3 in 1	-	-

WEBLINKS

For further information on the materials and products used for this Renovation,
click on the links below.



www.bunnings.com.au



www.ryobi.com.au



www.taubmans.com.au



www.bingoindustries.com.au





TRAVEL WITH CHRIS BROWN

Unicorn Sheep

It turns out all it takes to get yourself a unicorn is a couple of mates and two cartons of beer. At least that's what South Australian farmer Michael Foster did. With a horn growing straight out the top of his forehead, Michael's sheep Joey is creating waves in the local community. But what's his quality of life like? Is Joey in pain? Is he, in fact, a real unicorn? Chris dons his vet hat and heads south to find out.

FOOD WITH MIGUEL MAESTRE AND AMANDA KELLER

Pavlova with Stone Fruits

Serves 6-8

Recipe by Miguel Maestre

Ingredients

Pavlova

6 egg whites

375g caster sugar

A few drops of lemon juice

1 tbs cornflour, sifted

Chantilly Cream

600ml thickened cream

3 tbs icing sugar mixture

Garnish

seasonal fruit such as mangoes, peaches, nectarines, plums and Granny smith apples

Round mint, optional to garnish

Toasted almond flakes, optional to garnish



Steps

1. Preheat your oven to 180°C.
2. Clean a metal bowl with cotton wool or a clean cloth to ensure it is totally clean and grease free – very important.
3. Separate eggs, setting egg yolks aside for another use. Make sure no egg yolks in egg whites as it won't work.
4. Using an electric stand mixer or hand beaters, beat the egg whites on a medium setting until soft peaks form.
5. Once soft peaks appear, add sugar bit by bit, beating well between each addition to ensure the sugar is dissolved.
6. Turn the mixer up to high until the mixture thickens and the sugar has completely dissolved. It needs to reach the ribbon stage – when a spoonful of the meringue mixture poured back into the bowl sits on the surface like a ribbon.
7. Slow the machine, add the lemon drops, and sprinkle in the corn flour, then continue to beat until mixture is thick and glossy.
8. Line an oven tray with baking paper. Use an upturned bowl to draw a 22cm circle onto the paper.
9. Spoon the mix on to the prepared tray inside the circle and mold it into the shape you want. Don't mess with the mix too much, though, as you want to get it in the oven quickly.
10. Place the tray in the middle of the oven and immediately turn the temperature down to 120°C. Don't use the fan. Put the stand mixer bowl in the fridge to cool.
11. Cook for 80-90 minutes, until the meringue has a hard crust, but don't let the pavlova colour. You may see a little sugar syrup seep out of the bottom but the crust should be firm. Inside, it will be soft and marshmallowy. Once cooked, turn oven off and leave pavlova inside with door ajar to cool slowly.
12. Once the pavlova has cooled to room temperature make the Chantilly cream.
13. **For the Chantilly cream**, use the cooled stand mixer bowl with whisk attachment. Pour cream into bowl and whip to soft peaks, gradually add the icing sugar and beat to firm peaks being careful not to over whip.
14. **To Assemble**, transfer pavlova to a cake stand and decorate with Chantilly cream and seasonal fruit, nuts and any of your favourite toppings.



WEBLINKS

For further information on the materials and products used for this Recipe, click on the links below.

Cuisinart®

www.cuisinart.com.au

ENGLAND

MASON CASH

EST.  1800

www.masoncash.co.uk

果良佑
GLOBAL®

www.globalknives.com.au

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DIY WITH KYAL AND KARA

Hanging Day Bed



Kyal and Kara have the perfect DIY project for anyone looking to put a little more summer into their home – a hanging day bed.

1. Drop saw
2. Impact driver
3. Drill
4. Sander or sand paper
5. Paint brushes
6. Brader or finish nail gun

Kara – Building the base

1. Measure out the size you'd like to make the day bed
2. Using the 90 x 90 posts cut 2 at the length of your day bed, then cut 2 at the width.
3. Screw these posts together making a rectangle; this will be your frame.
4. Then measure and cut one more post in the middle and secure with screws.
5. Now it's time to fix the decking down to the frame.



6. Make your first board and last board flush with the outside edges of the frame and screw them in place.
7. Space out the rest of the decking boards evenly and screw into place.
8. Trim off the length of the boards using a circular saw so that the ends of the boards are now flush with the frame.

Kyal - Building the arm and back rest.











1. Determine the height and length you'd like your back and arm rests.
2. You'll need 2 x arm rests and 1 x back rest.
3. Cut a top and bottom plate for each, so 6 in total.
4. Then cut your vertical studs, these will determine your height.
5. Now screw your components together. You should have 3 separate frames.
6. On the top and bottom plate cut and attach the 42 x 18 on the inside of the frame, this will give us a fixing point for our balustrades.
7. Now it's time to add a decorative feature to your frames. I'll be adding some assorted sizes of balustrade, to make a modern pattern. Simply mixing up the sizes from 90 x 18 and 42 x 18.
8. Do this to all 3 frames.
9. Once that's done screw your arm rests and back rest together forming one complete frame, paint any colour you like and its ready to be fixed down to the base.

Kyal and Kara – Hanging the Day Bed

1. Drill 4 holes into your base at each corner – coming in about 50mm
2. Thread the rope through the holes and tie a knot at the base so that base will be supported
3. Attached the ropes to a beam above using an eyebolt.



KYAL AND KARA’S BUNNING WISH LIST

<div>  KK DIY 5 </div>		
Items	Description	Quantity
	 42 x 18mm x 2.7m H3 Primed Finger Jointed Pine Moulding I/N: 0020931	6 View Online
	 92 x 18mm x 2.7m H3 Primed Finger Jointed Pine Moulding I/N: 0020934	6 View Online
	Parkside 135 x 19mm L/m Kd Std Spotted Gum Decking I/N: 0064503	1 View Online
	 Taubmans 4L Low Sheen White All Weather® Exterior Paint I/N: 0077932	1 View Online
	 Monarch 63mm Walls Doors And Trims Paint Brush I/N: 1660272	3 View Online

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MACSIM

**Macsim 10G-10 x 50mm 304 Stainless Steel
Torx Decking Screws - 500 Pack**

I/N: 2400116

1

[View Online](#)



Buildex

**Buildex 14-10 x 150mm Zinc Alloy Bugle
Head Batten Timber Screws - 50 Box**

I/N: 2420686

1

[View Online](#)



GRUNT

Grunt 10mm x 10m Sisal Twisted Rope

I/N: 4310291

2

[View Online](#)



GRUNT

Grunt 12mm x 30m High Strength Rope

I/N: 4310556

1

[View Online](#)



GRUNT

**Grunt 12mm x 15m White Braided Marine
Rope**

I/N: 4310731

1

[View Online](#)



**88 x 88mm 3.6m Premium Wrapped Pine
Treated F7 KD H4 DAR**

I/N: 8423176

2

[View Online](#)