



Series 8, Episode 13

RENOVATION RESCUE WITH BARRY DU BOIS

Garage

Penny, Alex and their two young children live in an apartment, which once belonged to Penny's grandmother. They love the apartment and location but they haven't got enough space for the kids to play and be creative. Barry has a clever solution to create a space where their kids can run amok and still have some of the storage they need – it's the garage.

Before:



THE LIVINGROOM FACT SHEET




After:



THE LIVING ROOM FACT SHEET

PRODUCTS AVAILABLE AT BUNNINGS





IMAGE	PRODUCT	PRICE	ITEM #
	Handy Storage 30L Blue Heavy Duty Crate	\$16.99	0056609
	Handy Storage 54L Blue Heavy Duty Crate	\$25	0056613
	Handy Storage 30L, 54L & 70L Clear Storage Crate Lid	\$9.49	2580617
	Handy Storage Size 10 Plastic Storage Tote	\$2.98	2580741
	Handy Storage Tote Divider – 3 Pack	\$4.98	2582532
	Flexi Storage 250 x 250 x 38mm White Matt Floating Shelf	\$16.90	2580883
	Flexi Storage 600 x 240 x 38mm White Matt Floating Shelf	\$25.98	2580884







THE LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Flexi Storage 900 x 240 x 38mm White Matt Floating Shelf	\$29.90	2580885
	Rack It 400kg 900mm Wide x 530mm Deep Wire Shelving	\$177	N/A
	Rack It 400kg 1800mm Wide x 530mm Deep MDF Shelving	\$314.20	N/A
	Handy Storage Wall Mounted Dual Bike Hook	\$6	0074298
	Porta 19mm Tasmanian Oak Dowel - 3.0m	\$19.43	0080020
	Masonite 1830 x 1220 x 4.8mm Diagonal Pegboard	\$59.84	0244199
	ECOply 2400 x 1200 17mm PLYfloor Structural Flooring	\$74	0390075

THE LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	CustomWood MDF 2400 x 1200 x 18mm Standard MDF Panel	\$34.65	0590130
	Brutus 800 x 250mm Silt Bag – 5 Pack	\$9.95	1091333
	White Knight 310g Gloss Squirts – Satin Black	\$8.40	1560602
	Marquee 2400 x 600 x 25mm White Laminate Bench Top	\$99	2660665
	Tuff Turf 1.8m x 19mm Active Tuff Synthetic Turf – Linear Metre	\$64.90	3300302
	TC 98mm Zinc Plated Screw Eyes – 2 Pack	\$6.56	3930210
	Zenith Zinc Plated Assorted Pegboard Hooks Kit – 47 Pack	\$14.70	3966089

THE LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Carinya 400 x 350 x 25 x 3.5mm White Stayed Straight Bracket	\$10.50	3970220
	Grunt 10mm x 10m Sisal Twisted Rope	\$12	4310291
	Simple Green 1L Green Concentrate All Purpose Cleaner	\$9.98	4470509
	Hart Folding Utility Knife	\$16.50	5760283
	Senso Lifestyle 4m Wide Cajou Washed Vinyl Sheet Flooring	\$99 per 1 linear metre	6610243
	Brilliant White Nora 3 Light Spotlight	\$62.90	7071782



PAINTS AVAILABLE FROM TAUBMANS



LOCATION	PRODUCT	COLOUR	FINISH
1 x wall	Endure Interior	Yellow Rose	Low Sheen
Other walls	Endure Interior	Crisp White	Low Sheen
Ceiling	-	Ceiling White with a drop of black	Flat

WEBLINKS

For further information on the materials and products used for this Renovation,
click on the links below.



www.bunnings.com.au



www.ryobi.com.au



www.taubmans.com.au



www.rack-it.com.au





TRAVEL WITH CHRIS BROWN

It's a Dog's Life

Seamus is a four-year-old Schnauzer who suffers from anxiety; his owners want to know how he copes when they're not there. Dr Chris Brown sets up hidden cameras to track his movements and hopefully come up with not only a diagnosis but a cure.

BABY ANIMAL KEEPERS WITH AMANDA KELER

Being an animal keeper is an interesting and demanding job at the best of times. But it can be even more interesting and demanding when you're dealing with very young animals. To find out what's involved with caring for these little critters, Amanda meets up with animal keeper Dan Rumsey, from the Australian Reptile Park.

FOOD WITH MIGUEL MAESTRE

Crunchy Granola with Vanilla Yoghurt

Miguel joins The Bold and The Beautiful club for their daily swim from Manly to Shelly Beach and treats them to a yummy breakfast – Miguel makes his Crunchy Granola and then layers it with vanilla yoghurt and berries.





Miguel's Crunchy Granola

Cooking time: 5 minutes

Total time: 5 minutes

Makes: 330g

Ingredients

2 tbs coconut oil

2 tbs pure Australian honey

1 star anise

2 cups rolled oats

½ cup sliced natural almonds

1 cup organic coconut flakes

¼ cup organic rolled flaxseed

1 tsp ground cinnamon, to taste

Pinch of sea salt flakes

Method

1. Heat coconut oil, honey and star anise in a large frypan over medium-high heat until bubbling.
2. Stir in the oats, almonds, coconut, flaxseed, cinnamon and salt.
3. Continue moving oat mixture around with a wooden spoon for 3–4 minutes or until the oats start to turn golden brown and smell fragrant.
4. Remove the pan from the heat and pour muesli onto a baking paper-lined tray. Cool, discard star anise before storing in an airtight container.

Crunchy Granola with Vanilla Yoghurt

Total time: 2 minutes

Makes 1

Ingredients



150g tub yoghurt

3 fresh blueberries, plus extra to serve

3 fresh raspberries, plus extra to serve

2 tbs Miguel's toasted muesli

Method

1. Spoon half the yoghurt into a small jar (228ml). Add fruit and muesli and press down slightly.
2. Add remaining yoghurt and serve with extra fruit.

WEBLINKS

For further information on the materials and products used for this Recipe,
click on the links below.



www.kilnerjar.co.uk

ENGLAND

MASON CASH



www.masoncash.co.uk



www.chasseur.com.au



THE LIVING ROOM FACT SHEET

SNOOZE QUICKIE WITH KARA

Seasonal Bedding

Does your bed linen need a freshen up? Do you want to know how to style your bed from summer to winter? Kara's shares her styling expertise to help you style your bed in the summer/winter months. But then where do you store your summer bedding in winter? Our friends at Snooze have the answers to all your storage needs in the bedroom and Kara's going to show us some key pieces.

SUMMER:



WINTER:



THE LIVING ROOM FACT SHEET

PRODUCTS AVAILABLE AT SNOOZE



IMAGE	PRODUCT	COLOUR	SIZE	RRP
	Iris Deluxe Bed Frame with 4 drawers	Natural	Queen	\$3,599
	Iris Dunes Bedside Table	Natural	1 Drawer	\$1,099
	Slumberland Chiswick Mattress - MEDIUM	-	Queen	\$549
	Snooze Cotton Quilt	-	Queen	
	Snooze Wool Quilt	-	Queen	
	Snooze Standard Pillows	-	Standard	\$25
	Snooze European Pillows	-	European	\$36

All linen and styling items available from Linen House



WEBLINKS

For further information on the materials and products used for this Quickie
click on the links below.



www.snooze.com.au