



Series 8, Episode 4

RENOVATION RESCUE WITH BARRY DU BOIS

FAMILY ROOM



Rebecca has hit a wall and isn't sure what to do with her open plan office, music room and kids' hangout space. Barry lends his expertise and shows her how to utilise the space for now and when the kids are older.











LIVING ROOM FACT SHEET



PRODUCTS AVAILABLE AT BUNNINGS

IMAGE	PRODUCT	PRICE	ITEM #
	Earthwool R3.5 175 x 430mm 10.47m2 Ceiling Batts – 21 Pack	\$54.33	0810331
	Earthwool R1.5 75 x 430mm 20.95m2 Wall Batts – 42 Pack	\$56.46	0810322









THE LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Scandia U-Stack Wood Storage	\$149	3171655
	Scandia Supremacy 300sqm Indoor Convection Wood Heater	\$2,599	3171224
	Johnson Tiles 200 x 200mm Black Matt Elements Ceramic Floor Tile – 35 Pack	\$55.86	6661776
	200mm Fiddle Leaf Fig – Ficus Lyrata	\$25.68	3792275
	Verve Design Grey Minette Desk Lamp	\$32.95	4371278
	Café Lighting 45cm Byre Bun Table Lamp	\$114.50	4371287
	Home Design 185cm Campden Floor Lamp	\$156.50	4371319
	Verve Design Black Lennox LED Desk Lamp	\$33.50	4371558

LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Bayliss 155 x 225cm Beige Denmark Pile 100% Wool Rug	\$257	6810206
	Boral Engineered Flooring Spotted Gum 134mm 112.673sqm Plt Lt	\$12,857	0018388
	QEP Gold Laminate Floating Floor Underlay	\$55.50	6650149
	Woodhouse 92 x 18mm 5.4m FJ H3 LOSP Dressed Primed Pine	\$36.02	0020740
	ECOply 2400 x 1200 x 15mm CD Structural Plywood	\$67	0340165
	Scyon Stria 405 Wide 4200 x 405 x 14mm FC Cladding	\$114.50	0710551
	90 x 45mm MGP10 Untreated Pine Timber Framing – 6.0m	\$24.90	8030091

THE LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Woodhouse 187 x 18mm 5.4m FJ LOSP H3 Dressed Primed Pine	\$92.25	8401324
	Gyprock CSR 3600 x 1200mm 10mm 4.32sqm Wall Plasterboard RE	\$25.90	0730061
	Gyprock CSR 5.5kg Acrylic Stud Adhesive	\$27.85	0731172
	Selleys 320g Liquid Nails – 20 Pack	\$89	1231474
	Monarch 230mm Comfort Grip Roller Frame	\$9.89	1560516
	Monarch 230mm All Purpose Roller Cover	\$10.98	1660029
	Monarch 230mm Walls and Ceilings Roller Cover	\$11.20	1660032
	Monarch 75mm Walls Doors and Trims Paint Brush	\$26.50	1660274





LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Paintpole Monarch Advance Abc 1.2-2.4m Extendable Dual Lock	\$48.87	1660448
	Monarch Advance Plus 50mm Oval Cutter Paint Brush	\$21.98	1662364
	Monarch 2.6 x 3.6m Blue Plastic Drop Sheet	\$6.15	1670110
	Buildex 6-18 x 30mm Zinc Plated Bugle Head Plasterboard Screws – 1000 Pack	\$38	2429026
	Clever Cube Compact 1 x 3 White Storage Unit	\$24	2582945
	Clever Cube Compact 3 x 3 White Storage Unit	\$44.98	2582949
	Kaboodle 2400 x 600 x 50mm Bamboo Benchtop	\$621	2660689

LIVING ROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Kaboodle 600mm 1 Drawer Base Cabinet	\$157	2662248
	Kaboodle 900mm Wall Cabinet	\$130	2662264
	Kaboodle 600mm Wall Corner Cabinet	\$117	2662265
	Kaboodle 600mm Slimline Wall Cabinet	\$70.55	2662268
	Kaboodle Chrome Soft Close Door Kitchen Hinges – 10 Pairs	\$140	2662491
	Kaboodle Raw Board Base Filler Panel	\$6.64	2668806
	Kaboodle 300mm Raw Board Alpine Cabinet Door	\$32.96	2668844

THE LIVINGROOM FACT SHEET

IMAGE	PRODUCT	PRICE	ITEM #
	Kaboodle 450mm Raw Board Alpine Cabinet Door	\$44.11	2668846
	Kaboodle 600mm Raw Board Alpine Slimline Door	\$27.85	2668848
	Kaboodle Base End Panel – Raw Board	\$44.59	2668869
	Zone Interiors 63mm Basswood Shutterview Venetian Blind – 1200mm x 1500mm Vivid White	\$85	1281644



PAINTS AVAILABLE FROM TAUBMANS



LOCATION	PRODUCT	COLOUR	FINISH
High Doors	Endure – Interior	Scarborough Fair	Semi Gloss
Skirting and Architraves	Easy Coat – Interior	Black Seas	Semi Gloss
Half Walls / Partition Walls	Endure – Interior	Iron Age	Matt
Internal Walls	Endure – Interior	Black Sea	Matt
Ceilings	Endure – Interior	Ceiling White	Flat
Shelves	-	Stain Blocker	-
Undercoat	3 in 1	-	-



WEBLINKS

For further information on the materials and products used for this Renovation Rescue, click on the links below.



www.bunnings.com.au



www.taubmans.com.au



www.bingoindustries.com.au



www.ryobi.com.au



www.thefoambooth.com.au



www.earlysettler.com.au

THE LIVING ROOM FACT SHEET

DIY WITH KYAL – KIDS ACTIVITY WALL



Ever wanted to learn how to DIY, but feel it's too hard, or simply want to get some inspiration for your next project? Are you a parent, tired of buying endless generic plastic toys, which break and are left strewn across the garden or living room after each day?

This Kids' Activity Wall provides a fun opportunity to create a personalized toy for your children, which is safe, stimulating, and customizable to suit your play area.

Your kids will love it and can contribute to construction by helping choose colours, decorations and themes.

THE LIVING ROOM FACT SHEET



THE BUILD

MATERIALS AND TOOLS

Gather all your materials and tools before you start. See Bunnings list below for everything you need.

THE BASE

Choose a piece of wood as your backing board. The size depends on how big you want your wall to be. Kyal has gone with plywood and this will be the surface to mount the pieces of pipe and bracket on.



PAINTING

1. Mark out a frame around your base using painters tape, this will ensure your lines are nice and straight.
2. Paint the frame in a bright, fun colour.
3. Peel off the painters tape once the paint has dried.

PREPARING THE PIPES

Once you've chosen what size pipes to use on your wall you'll need to cut them in half, lengthways.

1. Using a spirit level, mark up the pipes with a pencil and use a clamp to hold the pipes in place while you cut.
2. Cut through the pipe with a circular saw
3. Smooth out the edges of the pipes with a piece of sandpaper

Tool Tip

When using a circular saw for cutting the pipes make sure the tool is just gliding through the pipe and you're not pushing it through too hard.

ASSEMBLING YOUR WALL

Layout your pipes and elbows on the board and anything else you wish to mount. Secure them in place with screws and brackets, making sure that the pipes are angled toward the bottom of the board. This will make sure objects will fall to the bottom of the pipes.

THE LIVING ROOM FACT SHEET

ATTACHING LEGS TO YOUR WALL

If you want the activity wall to be freestanding, simply mount some timber legs to the bottom

1. Mark out two triangles on the back of the board. This will be your guide for the fold out legs
2. Measure and cut the triangles from another sheet of ply
3. Attach two hinges to each triangle and secure them to the board

Then, you're ready to play!



THE LIVING ROOM FACT SHEET

PRODUCTS AVAILABLE FROM BUNNINGS



IMAGE	PRODUCT	PURPOSE	PRICE	ITEM #
	Monarch Advance Plus 50mm Wall Paint Brush	Brush for painting	\$29.35	1664518
	Holman 50mm 90 deg PVC Elbow	Activity piece	\$3.35	3141396
	Press 50mm 45 deg PVC Elbow	Activity piece	\$4.30	3142075
	Holman 50mm Press PVC Plain Tee	Activity piece	\$4.49	3142384
	Holmsn 50mm x 1m Class 12 PVC Pressure Pipe	Activity piece	\$9.97	4750213
	Selex 450 x 18 x 1800mm Clear Laminated Pine Sheet	Backing board	\$33	8490005



PAINT AVAILABLE FROM TAUBMANS



LOCATION	PRODUCT	COLOUR	FINISH
Activity Wall Backing	Endure – Interior	Silver Mink	Matt

WEBLINKS

For further information on the materials and products used for this DIY project, click on the link below.



www.bunnings.com.au



www.taubmans.com.au





PET STUDIO WITH CHRIS BROWN

As numbers of backyard chickens skyrocket across the country, Dr Chris has all the info you need to not only raise happy, healthy chickens but how to get the best eggs every time.

All chickens supplied by City Chicks

<https://citychicks.com.au>

FOOD WITH MIGUEL MAESTRE

STREAT HOT CROSS BUNS

MIGUEL'S MONAS DE PASCUA

STREAT, a social enterprise dedicated to helping young people, bake their own Hot Cross Buns to fund their programs. Miguel prepares traditional Spanish Hot Cross Buns for CEO Bec Scott.

Prep time: 30 minutes plus 2hrs proving time

Cooking time: 15-20 minutes

Makes 6

Ingredients

6 whole eggs, separated into whites and yolks

200g caster sugar plus extra 10g

250g plain flour plus extra for making dough cross

2 sachets (14g) of dried yeast





100g almond meal

Zest of 2 large or 3 small lemons

Extra virgin olive oil

30g icing sugar and 3 tsp water, mixed together to form a glaze

20g flaked almonds

6 soft-boiled eggs in shell (cooked in boiling water for 6 minutes before being refreshed in iced water)

Method

1. Using an electric beater, beat egg whites with half of the sugar until it holds soft peaks.
2. Without washing the beater in between, beat the remaining caster sugar with the egg yolks until pale and frothy.
3. Add 1/3 of the egg white mixture to the egg yolks, stirring to combine. Add to the remaining egg white, folding gently with a spatula to keep the air in the mixture.
4. In a separate bowl combine the flour, yeast, almond meal and lemon zest. Rub the mixture with your fingers to break up any lumps of almond meal.
5. Folding gently with a spatula, gradually combine the dry mixture to the egg mixture.
6. Drizzle with a splash of extra virgin olive oil and cover with a tea towel. Leave to rest in a warm place for approximately 2 hours. Note; the dough will be very sticky.
7. Preheat oven to 170C fan forced.
8. Drizzle a non-stick tray with a splash of olive oil. Using 2 spoons, shape 6 even-sized piles of dough on the tray, keeping a handful of dough (approximately 150g) in the bowl. Place a boiled egg in the centre of each pile of dough on the tray.
9. Add extra flour (approximately 50-60g) to reserved dough until it can be shaped by hand. Roll thin lengths of dough, draping it over each hard-boiled egg to form a cross.
10. Brush the monas with the sugar glaze, sprinkle with almonds and the extra sugar.
11. Bake for 15 - 20 minutes or until golden brown and cooked through. Serve warm.